

**CMHA York Region & South Simcoe
presents**

Tamil Family Support Group

This group is mostly facilitated in Tamil & open to any family members or caregivers who are supporting their loved ones in stressful times!

When: The Third Tuesday of Each Month

Time: 7 P.M. - 8:15 P.M.

Where: Online Meeting (Zoom)

**To register, click [here](#)
or copy this link into your browser:**

<https://www.cognitoforms.com/CanadianMentalHealthAssociationYorkRegion/EventRegistrationTamilFamilySupportGroup>

If you have any questions, contact Kavita: kbala@cmha-yr.on.ca



**Canadian Mental
Health Association**
York and South Simcoe
Mental health for all

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